



Women
of the
EVANGELICAL
LUTHERAN
CHURCH
IN AMERICA

The Messenger

Volume No.12 Issue No. 02 Date February 2011

“Arise, shine, for your light has come, and the Glory of the Lord rises upon us.” Isaiah 60:1

Bible Study
Join us!

Anyone may meet with a Bible Study Circle for the monthly lesson and discussion!

ESTHER CIRCLE

February 21th 6:30 PM
Fireside Room
Bible Study & Hostess
TBD

RACHEL CIRCLE

Rachel Circle has voted to disband

RUTH CIRCLE

Fireside Room
February 8th 7 PM
Hostess: Diane Fake
1706 W. Tenaya Way
Bible Study Nan Wise

+ Pastor's Class with +
Bible Study Leaders
February 5th 3 PM
Pastor's Office



Lutheran Women Today Bible Study
The People of God: Unity in the Midst of Diversity

Session 6: Race and Culture

The diversity of race and culture in the United States offer a glimpse of the wholeness and wonder of God. However, they often divide us as a people. It has been said that Sunday morning is the most segregated hour of the week because that is when we, as Christians, often worship. Our worshiping communities are often separated from each other, often by divisions of race and culture. As we study the story in the book of Acts about Peter and Cornelius, we will look at race and culture and how it interacts with faith. “Worship is at the center of our life in the faith. It moves us and strengthens us to live our calling as Disciples of Christ.”

Focus on Health
The Truth About Your Thyroid

Your thyroid gland gives you the energy you need, regulating your metabolism, heart rate, blood pressure, body temperature, and weight. But 20 percent of women experience thyroid problems, which leave you too exhausted to function.



A WELCS Calendar

- Feb. 5th CWU scholarship fundraising luncheon and fashion show. First Congregational Church
- Feb. 6 Installation of WELCA Board
11:30 Board meeting with the outgoing and incoming members
- Mar. 4 CWU World Day of Prayer - TBA
"How Many Loves have You?"
- Mar. 19th Conference 18 Spring Event. Hope Lutheran Church
"Rejuvenations: Restore Your Youthful Vigor While Seeding a More Creative Life"

President's Message

Faith is the Key: "But without faith it is impossible to please Him, for those who come to God must believe that He is, and that He is a rewarder of those who diligently seek Him." Hebrews 11:6

Faith is not wishful thinking or believing what you know isn't true. Instead, it is the conviction that God will always do what he promises to do, regardless of the circumstances. Faith proclaims the trustworthiness of God and His complete and willing ability to do what we cannot. Do not place confidence in yourself. Philippians 4:13 says, "I can do all things through Christ who strengthens me."

From Time with God for Mothers

Renew, Respond, Rejoice!

Revitalize yourself and celebrate your faith, 8th Triennial gathering - July 14-17 - Spokane WA....

Connect with your Lutheran sisters in this life-changing event. Renew your spirit in enriching workshops, worship services, Bible studies and more! Check the bulletin board for registration information.

