



Women
of the
**EVANGELICAL
LUTHERAN
CHURCH
IN AMERICA**

The Messenger

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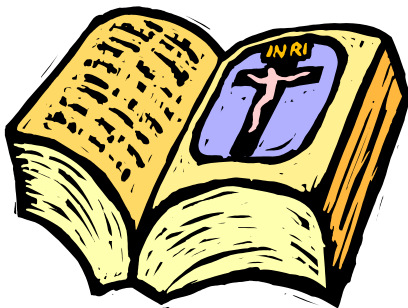
"Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me." Psalm 51:10-12 NIV

Bible Study
Join us!

Anyone may meet with a Bible Study Circle for the monthly lesson and discussion!

ESTHER CIRCLE
June 20th 6:30 PM
Fireside Room
Bible Study & Hostess
TBD

RUTH CIRCLE
Fireside Room
June 14th 7 PM
Hostess: Vonny
Sturgeon 3010 W.
Escalon #110
Bible Study Open



Lutheran Women Today Bible Study
Summer Bible Study
Renew, Respond, Rejoice!

The first session challenges us to "get unstuck." The writers explore the issue of hardness of heart. The key verse is Psalm 51:10-12, which begins "Create in me a clean heart, O God."

The session looks at two important stories in the Hebrew Bible, one centered on King David and the other on Hagar. Readers will consider questions such as: How do I know when and what kind of renewal I need? How can I renew myself when so many others depend on me? Who benefits from my renewal?



To Follow and To Serve: The Gospel of Mark

The 2011-2012 Bible study is an invitation to discipleship in the 21st century. The study emphasizes what it means to follow Jesus Christ today. We are called to a living faith, a deeper and more courageous understanding of what it means to follow the one we first meet in Mark's Gospel at his baptism at the River Jordan. Learn more about the 2011-12 Bible study, "To Follow and To Serve: The Gospel of Mark" by Patricia Lull

Opportunities

All Women are invited and encouraged to attend the following opportunities:
Please see or call Dana for more information regarding any items below.

- Women's Retreat @ St. Anthony's Three Rivers Sept 23-25. \$185.00
Speaker: Pastor Cindy Beck
 - Retreat starts 5pm on Friday Sept 23rd.
- Save the Date - Biennial Convention of the Women of the ELCA October 28-30, 2011 Mission d'Oro in Santa Nella, CA
 - Theme: Open Arms, Open Hearts
- Another opportunity for same weekend~ Priscilla Shirer \$49.00/per person
 - October 28-29 in Sacramento, CA lifeway.com/goingbeyond
800.254.2022 (Sharon Rowley led a bible study last summer by Priscilla Shirer called "He Speaks to Me").

Calling All Moms

Calling all Mom's with young children: If you are interested in joining either the Ruth or Esther monthly Bible Study Circles we would **LOVE** for you to join us or perhaps you are interested in **STARTING A NEW CIRCLE** please call Dana @ 438-4425

Consider Journaling

Journaling is an ancient way to reflect on the world around us, within us. Writing or drawing a few pages a day often opens up pathways to new thoughts, new insights and new energy. The pen is often the key that unlocks the door to a hidden world of peace, beauty and a renewed sense of being protected by a good, generous and gracious God.

Journaling as Prayer

- List things for which you are thankful.
- Record any regrets you may have.
- Record the names of people you want to remember in prayer and what you want to pray for on their behalf.
- Plan what you want to accomplish over the next day or week. Keep the list of things you plan to do short—no more than six items per day. This will increase your chances of actually accomplishing what you set out to do and that will increase your overall sense of well-being.